



# GB WEST KEN TIMETABLE

MON

12pm  
**GB 1**  
ALL LEVELS

6:30PM  
**GB 1**  
ALL LEVELS

TUE

10am  
**GB 1**  
ALL LEVELS

12PM  
**GB 2**  
ADULTS

4:30PM  
**GB K**  
3-7 yrs

5:30 PM  
**GB K**  
8-15 yrs

6:30PM  
**GB 1**  
ALL LEVELS

7:30PM  
**GB 2**  
ADULTS

WED

7:00 AM  
**GB 1**  
ALL LEVELS

12pm  
**GB 1**  
ALL LEVELS

6:30PM  
**GB 2**  
ADULTS

THU

10am  
**GB 1**  
ALL LEVELS

12 PM  
**GB 2**  
NO GI  
ADULTS

4:30 PM  
**GB K**  
3-7 yrs

5:30PM  
**GB K**  
8-15 yrs

6:30PM  
**GB 1**  
ALL LEVELS

7:30 PM  
**GB 2**  
NO GI  
ADULTS

FRI

7:00 AM  
**GB 1**  
ALL LEVELS

12pm  
**GB 1**  
ALL LEVELS

6:30PM  
**GB 1**  
WOMEN'S ONLY

SAT

10AM  
**GB K**  
3-7 yrs

11AM  
**GB K**  
8-15 yrs

12pm  
**GB 1**  
ALL LEVELS

1:00PM  
**GB 2**  
NO GI  
ADULTS

**GB K**  
LC 1 (Little Champions 1) 3-6 Years Old  
LC 2 (Little Champions 2) 7-9 Years Old  
Juniors 10-15 years old  
**GB 1**  
Adults All Levels  
**GB 2**  
Adults - White Belt 3 Stripes and Up

SUN

12pm  
**GB 1**  
ALL LEVELS

1:00PM  
**GB 2**  
ADULTS